

ADVANCED Physical Therapy Center Part of the Phoenix family!

Trigger Point Dry Needling

Recover.
Recharge.
Rise.

Trigger Point Dry Needling is a treatment that uses small filament (acupuncture) needles to release tight muscles with the goal of permanently reducing muscle pain and dysfunction.

Dry Needling treats the neuromuscular system, affecting muscle tightness, joint mobility, and symptoms of pain and irritation.

Utilizing Trigger Point Dry Needling with manual therapy allows the patient and the therapist an accelerated return to strengthening and exercise, resulting in a faster return to function.

Achieve quicker and better outcomes in treating:

- Acute and chronic pain
- Lower back pain
- Tendonitis
- Carpal tunnel syndrome
- Disk pathology
- Neck/back pain
- Shoulder pain
- Hip and gluteal pain
- Headaches
- Knee pain
- Plantar fasciitis
- Sciatica
- TMJ



× Decrease tightness

X Reduce pain

Increase flexibility & movement

Promote a fast recovery

Immediate results

Grand Blanc: (810) 695-8700

Flint: (810) 732-8400 Davison: (810) 412-5100 Clio: (810) 687-8700 Goodrich: (810) 636-8700 Waterford: (248) 618-3050 Clarkston: (248) 620-4260 Hartland: (810) 632-8700 Fenton: (810) 354-7522

IMPORTANT

Bring this prescription and any HMO referral, Auto or Worker's Comp authorizations on your first day.



		ESCRIPTION
Part of the Phoenix family! DatePatient Phone Number Name Diagnosis Precautions Physical / Occupational / Ha		Clarkston (248) 620-4260 Fax (248) 620-4239 Waterford (248) 618-3050 Fax (248) 618-3284 Fenton (810) 354-7522 Fax (810) 355-4873
□ EVALUATE AND TREAT PER CARE PLAN □ HOME EXERCISE PROGRAM □ SELF-CARE EDUCATION	□ THERAPEUTIC EXERO □ Passive ROM □ Active-Assisted RO □ Progressive Resistive Exercise	MANUAL MOBILIZATION NEUROMUSCULAR RE-EDUCATION THERAPEUTIC ACTIVITIES
□ EXERCISE: □ AlterG Anti-Gravity Treadmill □ Aquatic Therapy □ Cervical/Lumbar Strengthening □ Core Strengthening □ Gait and Balance Training □ WB Status: □ MedX Testing/Rehab □ Sports Rehab □ Sports Rehab □ MANUAL TECHNIQUES: □ CranioSacral Therapy □ Functional Dry Needling □ Graston Technique □ Joint Mobilization □ Myofascial Decompression □ Myofascial Release □ Soft-Tissue Massage	□ MODALITIES: □ Biofeedback □ Traction □ Cervical □ Pelvic □ Contrast Bath/Whirlp □ Electrical Stimulation □ Game Ready Pneumatic Compress □ Hivamat Deep Oscillation Therapy □ Iontophoresis □ Light/Laser Therapy □ TENS □ Ultrasound/Phonoph □ WellWave Acoustic Compression Therap	□ PROGRAMS □ Advanced Spine & Neck Rehab Sion □ Bone Health Program □ Concussion Program □ Functional Capacity Evaluation □ Work Reconditioning/Hardening □ Return-to-Work Assessment □ Disability Screening □ Lymphedema Treatment □ Parkinson's LSVT Big Program □ Pelvic Floor Therapy □ Women's Health Program y □ Sportsmetrics □ Vestibular Rehab □ TMJ Disorder Rehab
☐ 3 x Weekly ☐ 2 x We forweeksmo	onths and physical and/or occupational the plan is established and will be	therapy is necessary, and that services will be furnished reviewed every ninety (90) days or more often if the

Physician Signature NPI# Date